

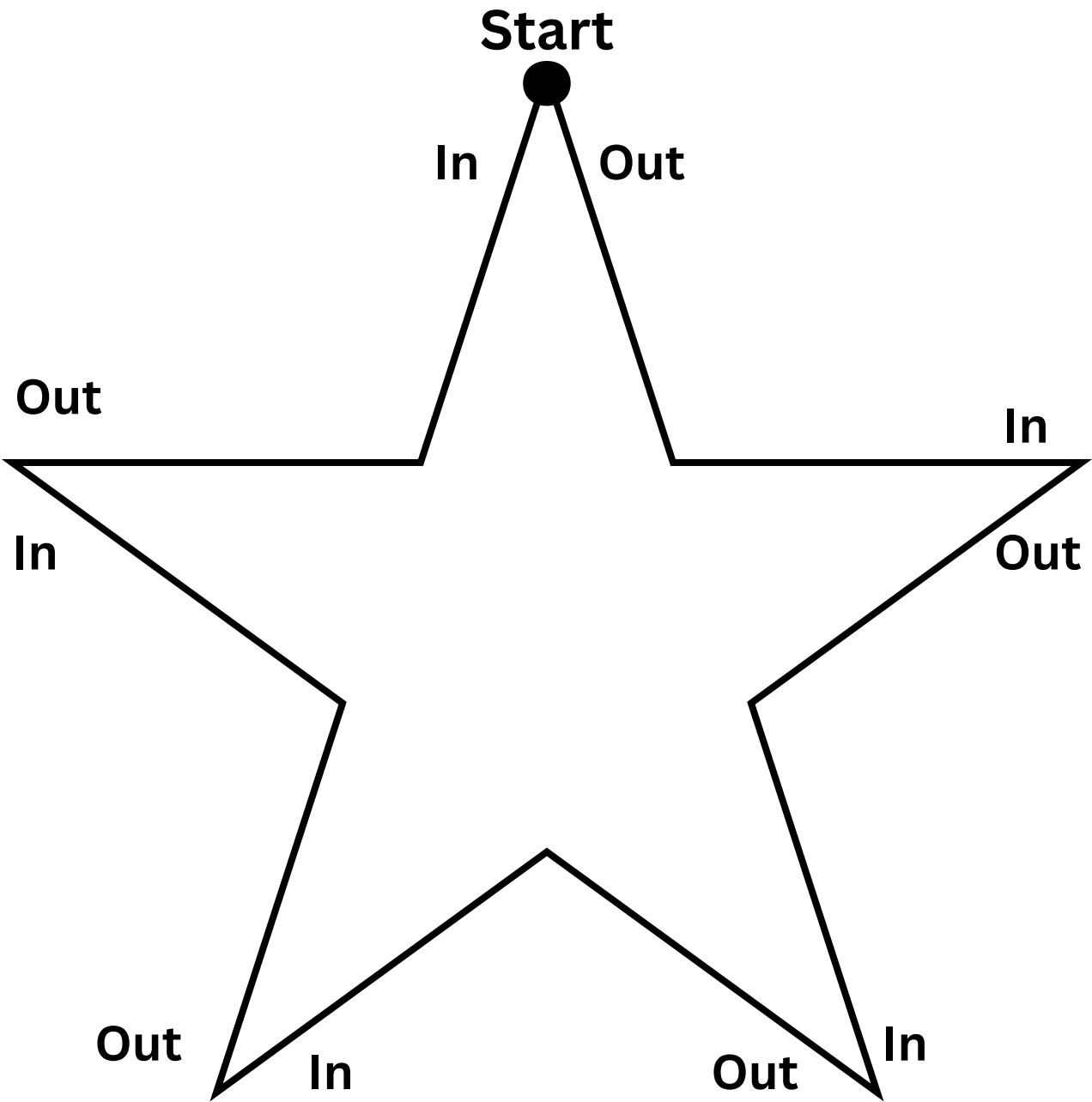


Student Name: _____

Obtain Marks: _____

Deep Breathing Practice Sheet

Emotional Regulation



How many times did you trace it?